

**WholyFit Unity Values
Instructor Application**

WHOLYFIT Instructor Application:

First Name _____

Last Name _____

Address Line 1 _____

Address Line 2 _____

City _____

State _____

Zip Postal Code _____

**Telephone
Numbers** _____

**Email
Addresses** _____

DISCLOSURE A. WHOLYFIT instructors believe the Christian Medical Association's Statement of Faith on bottom of this document.

Please give one Scripture to explain your salvation

Do you believe you will go to heaven when you die?

Yes_____ No_____ I'm not sure_____

DISCLOSURE B. WHOLYFIT instructors are Kingdom Dwellers, operating in a community of Bible Believers who love Jesus.

What church do you attend? _____

How long have you attended? _____

I attend worship service regularly, participate in 1 other activity_____

or

I attend worship service sometimes_____

DISCLOSURE C. You do not need to have prior experience to be certified in WHOLYFIT and you do not need to have a facility in mind that you plan to teach in.

Do you have experience in any type of group exercise? (Please attach resume if desired.)

Do you already have a facility in mind that you plan to teach in?

Why do you want to teach WHOLYFIT?

DISCLOSURE D. WHOLYFIT instructors are expected to represent WHOLYFIT with integrity, maintain the Biblical base for the program and operate in community with unity of heart and purpose as explained below:

1. HolyFit instructors are part of a grass roots movement committed to supporting only those organizations that do NOT require Yogic practices in order to be certified as a fitness professional.

2. The Yoga Alliance and Yoga Alliance registered schools all require the supervised practice of Classical Yogic mantras and chanting; therefore HolyFit instructors refrain from supporting these agencies with our money and time and do not support other persons or venues who support these organizations. In other words, HolyFit instructors do not teach or attend Yoga trainings or classes.

3. WholyFit instructors are expected to teach WholyFit "Gentle Body Power", not Yoga, and they refrain from changing the content of the program.

4. WholyFit instructors do not use Yogic terminology, philosophies, religions and practices.

5. Those in the WholyFit community do not use mantras, chanting, transcendental meditation, the "ohm" gesture or music with New Age lyrics or chanting elements.

6. Those in the WholyFit community are committed to "radical purity" which means to avoid the appearance of evil.

7. Even seemingly harmless Yoga practices are to be omitted.

DISCLOSURE E. The WHOLYFIT team is made up of pioneering people who are forward thinkers and make a difference by being different. WholyFit instructors therefore avoid any conflicts of interests; and agree not to compete with WHOLYFIT after receiving WholyFit certification.

"Competition" is defined:

1. as soliciting, or rendering non-WHOLYFIT brand Mind-Body Devotional Exercise classes or "Alternatives to Yoga"

2. as soliciting, or rendering non-WHOLYFIT brand Mind-Body Devotional Exercise or "Alternatives to Yoga" certification or teacher training unless it is WHOLYFIT training as a staff member of WHOLYFIT.

“Conflict of interest” is defined:

1. as soliciting, or rendering “Christian Yoga” or “Yoga” classes

2. as soliciting, or rendering “Christian Yoga” or “Yoga” certification or teacher training.

DISCLOSURE F. WHOLYFIT places utmost value on community. Therefore you, the WHOLYFIT instructor are responsible:

1. to stay current in certification standing. (For example: First recertification for Silver Certified instructors is Gold Certification or learning 4 new routines in 2 years.)

2. to teach only under proper licensing. (For profit businesses only. See website.)

DISCLOSURE G. WholyFit reserves the right to refuse certification. WholyFit reserves the right to revoke certification if the above core values are breached, based on the unanimous vote of the Board of Directors (Monicas & Haedeners). No refund for teacher expenses will be made if certification is revoked.

DISCLOSURE H: WHOLYFIT admits students of any race, color, national and ethnic origin to all the rights,, programs and activities generally accorded or made available to students and does not practice discrimination the administration of its educational policies, admissions policies and/or procedures.

I have read and understand the core values of WHOLYFIT.

I intend to operate in community and unity with WHOLYFIT core values.

Signature _____

Date _____

Please share with us your relationship with Jesus Christ and how it began:

May God Himself, the God who makes everything holy and whole, make you holy and whole, put you together - body, soul and spirit - and keep you fit for the return of Our Master, Jesus, Christ.

In Jesus,

**Laura Monica
1-877-HOLYFIT
www.wholyfit.org**

enc: unity docs below

Christian Medical & Dental Association Statement of Faith

WholyFit Faculty and Church Instructors commit to the following statement of faith:

1. In the divine inspiration and final authority of the Bible as the Word of God;
2. In the eternal God revealed in Holy Scripture as Father, Son and Holy Spirit
3. In the unique Deity of Jesus Christ, God's only Son, whose death and resurrection provide by grace through faith the only means of my salvation;
4. in the transforming presence and power of the Holy Spirit

By publication of this statement, I affirm my faith in Jesus Christ as my personal Savior and accept in full the Christian Medical and Dental Association's (CMDA) Statement of faith and commit to conduct consistent with the high calling of a Christian according to the standards of Scripture.

WHOLYFIT Professional Goals

WholyFit books and services concurs with the American College of Sport's Medicine (ACSM) Mission Statement as follows:

WholyFit advances and integrates scientific research to provide educational and practical applications of exercise science and sports medicine.

WholyFit Ministries Mission:

...to inspire through movement and the Word of God, in order to build up the body of Christ and reveal God's love through Jesus, The Prince of Peace.